



Full-Time Team Winter Park 2009/2010

A place where dedicated athletes strive to achieve their highest goals in ski racing, athletics, and life.

Full-time Team Winter Park is an intensive, year-round training program for the ski racer with a full commitment toward reaching their highest goals in ski racing. Skiers train on-snow five or six days a week during the ski season. Our highly qualified coaching staff teaches the most modern techniques of racing using the latest in video technology to help the athletes improve. Our mountain gives us excellent venues to train in all four events with reliable snow from the start of November through April. Off-snow sessions include mental skills training and physical conditioning. During the off-season, athletes participate in several summer camps and projects while following a physical training program designed to prepare them for success on-snow.

Training schedule:

Regular on-snow training begins in late October and goes through mid-April. Middle school students train 5 days a week (Tues, Thurs, Fri-Sun). Older athletes train 6 days a week (Tues-Sun). Tues-Thurs sessions are from 1:30-5:00 for students and 9:00-1:00 for post grads, Fri-Sun sessions are all day depending on race schedules.

Eligibility:

Any committed athlete with the approval of the head coach. New Full-Time Team Winter Park members must complete a full-time program application, contact us for the application form.

Program fees (before Oct 15):

\$3,050 for middle school students
\$3,550 for high school students
\$4,100 for post-graduates
Includes coaching, season pass, Comp Center membership, & ski and clothes lockers at the base.

Membership requirements:

⇒ USSA/RMD competitor membership for J3's and older, FIS registration for J2's and older
USSA renewals due October 15, FIS registration due August 15.
Check www.ussa.org for forms.



Todd Seeley photo. HypeShot Studios

Full-Time Program Philosophy:

It is our belief that it is possible to expect the personal best from an individual in all aspects of life, whether it be the pursuit of athletic excellence, the quest of academic achievement, or the search for new horizons. Our goal is to foster the desire and high degree of motivation necessary to enable young people to demand the best of themselves. Further, it is our belief that the pursuit of excellence in sports and academics provides valuable life long lessons. Lessons on responsibility and the value of choice and their consequences, self image and lessons of sportsmanship, the value of cooperation, and a sense of morality. Full-Time Team Winter Park offers a forum where individuals can dedicate themselves to becoming the best they can be.

Inspiring life-long enjoyment of sport.

www.wpcompcenter.com



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