



Alpine Team Breakaway 2009/2010

www.wpcompcenter.com

A competitive weekend racing program for skiers ages 15-21

Team Breakaway provides two days of training per week for alpine racers 15 and older. The team takes full advantage of its time on snow by blending free skiing skills with regular gate training in slalom, GS, and some speed event training. Team Breakaway athletes compete on the USSA racing circuit in the SmartWool Series and Colorado Ski Country Junior Cup events. High school racers also use the training to enhance their training program and prepare for their races. Athletes looking for extra training opportunities should try our summer camps and fall conditioning sessions.

Race schedule:

Will vary by age, ability, individual goals, and qualifications. Check with coaches for details. J2 & older athletes may need to purchase a FIS license as well as the USSA membership to attend FIS events.

Team travel:

Team transportation and lodging is available for most of the away FIS, and SmartWool events. These "travel races" will be determined in early winter. Anyone lodging with the team is required to provide a \$300 lodging deposit before their first race. Team Travel guidelines are outlined in the Comp Center Policies manual.

Training schedule:

On-snow training from November 14 through April 5. Training is on Saturdays and Sundays from 8:30am to 3:30pm. Holiday camp December 27-31.

Program fees (before Oct. 15th):

\$1,850 for 2-days a week
Includes coaching, a season pass, Competition Center membership, and ski locker.

Membership requirements:

⇒ USSA/RMD competitor membership required for SmartWool Series
⇒ FIS registration required for Colorado Ski Country Junior Cup, due Aug 15.
USSA renewals due October 15, new members register before season starts.

Equipment needs:

- Alpine skis -separate skis for GS & SL, poles, and boots (proper flex and fit very important)
- Helmets required for all training
Speed suit highly recommended

Inspiring life-long enjoyment of sport.



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